Figure 2-64. The subject should be in sitting with the forearm in neutral position and with the wrist and hand supported on a tabletop. The PIP and DIP joints should be in full flexion.

Figure 2-65. The PIP joint should be in a position of maximum extension/hyperextension at the end of the movement.

Figure 2-66. The goniometer may be placed on the palmar surface of the PIP joint to measure hyperextension.