Unit 8

Examining Evidence Related to Constraint-Induced Therapy Interventions

During this unit, you will explore some evidence about constraint-induced therapy interventions. There is a growing body of evidence about constraint-induced therapy, so it is important for professionals providing service in rehabilitation to know what these researchers are finding and recommending for practice.

The articles you will review in this unit have some other features that will expand your understanding about how to read research papers; we will practice analyzing these features to give you some experience with the internal structure of research articles.

When you complete the work in this unit, you will have the following skills and competencies:

- Understand how this literature may contribute to our knowledge about effective interventions
- Articulate how to find other articles that would contribute to your knowledge about the subject
- Identify the parameters that seem to make the intervention effective and/or ineffective based on the evidence you have read
- Design an optimal plan for your area of practice based on what you have read
- Construct Take Home Messages for various constituents so they understand quickly what the literature says about the subject

You will be reviewing articles, creating summaries for comparison and contrast, gaining insights from your study partners, and creating Take Home Messages for constituent groups.

Activity 8-1

Reading the Literature

Read the following articles. The Flinn et al. (2005) and Karman et al. (2003) articles are located in the Appendix (Articles 19 and 20). You will have to obtain the Bonifer et al. (2005) article on your own.