

# Appendix II

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## Participant Thumbnail Sketches

The following list represents brief identifying facts about participants in the Productive Aging Study, whose photographs and perspectives appear throughout this book. The information included was voluntarily provided to the authors at the time of the first interview. Some examples given in the text portray them as older, since the writing has occurred over almost three years. The age range is 54 to 98 years, with an average of 76 years.

Bob M.—86, high school diploma (HS), veteran, married, 3 children (c), 3 grandchildren (gc), 1 great-grandchild (ggc).

Private house, suburban Connecticut (CT).  
Widowed 2008, remarried 2010.  
Retired ice cream executive, food oil manager.  
Scottish, German Protestant.

Ann—73, Bachelor of Science (BS) in education, Master of Arts in reading education, 4 c, 5 gc, 1 ggc due.

Private house, suburb CT.  
Widowed 2006, remarried 2010.  
Retired Kindergarten teacher.  
French, Roman Catholic.

Nancy—63, HS, married, 1 c, 1 gc.

Private house, CT.  
Retired hairdresser.  
Scottish, Protestant.

Geno—70, Associate of Science (AS), legal assistant, 3 c, 4 gc.

Private house, urban CT.  
Divorced, remarried 1993.  
Retired mechanical designer.  
Italian, Catholic.

Mary V.—69, licensed practical nurses school, 3 c, 3 gc.

Private house, suburban CT. Son and his family live with her.  
Widowed 2006.  
Nurse, geriatrics. Current part time work, private duty.  
Raised Catholic, now Protestant.

Maxine—83, HS, 2 c, 4 gc, 4 ggc.

Condo with significant other (SO), suburban CT.  
Married and widowed. Married and divorced.  
Retired, office worker, travel agent.  
Grew up in West Virginia, German, Protestant.

Linval—66, HS, 6 c, 15 gc, 1 ggc.

Condo, urban CT.  
Married, lives with spouse.  
Stock clerk, maintenance to head custodian, church custodian, just retired. Continues with part time work and handy man jobs.  
Jamaican, Christian.