

Chapter 9

Contact Lens Evaluation for Nonfitters

KEY POINTS

- The slit lamp exam is key in determining candidacy for contact lenses.
- Regular fluorescein dye will stain soft contact lenses!
- A lens that is placed on the eye in the office should be allowed at least 30 minutes to equilibrate.
- The slit lamp exam is used to differentiate between blurred vision caused by the contact lens vs. that caused by corneal compromise.
- The contact lens patient must be examined with the lenses both on and off.
- Some slit lamps have a lens holder attachment for evaluation of soft or rigid lenses. This makes it possible to evaluate the lens surface without the interference of secretions, blinks, and tears.