Figure 5-15. Right shoulder 70-degree arthroscopic and external photos demonstrating 3-sided release of the subscapularis with the tendon under traction (suture in external views). (A) The coracoid process (C) is skeletonized using electrocautery releasing anterior adhesions between the tendon (SSc) and bone. (B) A 30-degree arthroscopic elevator is used to release adhesions superiorly between the tendon and the coracoid neck (CN). (C) A 15-degree arthroscopic elevator is used to release adhesions between the posterior subscapularis and the glenoid neck. (H = humeral head.)