Hang-Back Recession

The old expression, it is hard to teach old dogs new tricks, appropriately applies to the teaching and acceptance of hang-back recession in strabismus surgery. I remember being asked to discuss this technique as a visiting professor about 7 or 8 years ago and noticing many in the audience were rolling their eyes as I spoke. Hang-back recession is easier and safer than the conventional technique. In infants with congenital esotropia in which large medial rectus recessions on small globes are performed, hang-back recession is especially useful. In this issue, Rajavi et al successfully demonstrate that hang-back recession is an appropriate alternative to conventional recession.

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